



2020-21 Cross Country Age Classifications

Cross Country	Age	Birth Year
General Member	0 – 17	2003 and under
Non – Scored Athlete	18 – 100	2002 and under
Competitor U6	5 and under	2015 and over
Competitor U8	6 and 7	2013 - 2014
Competitor U10	8 and 9	2011 - 2012
Competitor U12	10 and 11	2009 - 2010
Competitor U14	12 and 13	2007 - 2008
Competitor U16	14 and 15	2005 - 2006
Competitor U18	16 and 17	2003 - 2004
Competitor U20	18 and 19	2001 - 2002
Competitor SR	20 – 39	1981 - 2000
Adaptive Competitor	All Ages	2020 and under
Official	18 – 100	2002 and under
Coach with Official	18 – 100	2002 and under
Junior Coach	15 – 17	2003 – 2005
Volunteer	18 – 100	2002 and under