



U.S. SKI & SNOWBOARD MEMBERSHIP

CROSS COUNTRY MEMBERSHIPS AND BENEFITS

May compete in: Distance, Sprint

Members 17, turning 18 and older during the membership season, are required to complete annual SafeSport training and periodic background screening and Introduction to Avalanches course. (Excludes Short-Term members)

CROSS COUNTRY

GENERAL MEMBER // AGE 0-17 // PRICE \$20

WHO AM I?

An individual at the club level who may be a U.S. Ski & Snowboard non-scored competitor and/or participating in activities such as:

- Training
- Interclub events
- High School competition
- Community competition and/or general club activities

MEMBER BENEFITS

- Excess accident insurance if participating with a U.S. Ski & Snowboard CLIP club (*proof of primary health/medical insurance required*)
- Access to ExpertVoice
- Access to U.S. Ski & Snowboard Member Benefits Program
- U.S. Ski & Snowboard membership card - opt in required
- U.S. Ski & Snowboard Die-Cut & Decal Sheet - opt in required
- Zurich Travel Assist

COMPETITOR U14 & UNDER // AGE 0-13 // PRICE \$115

WHO AM I?

An athlete competing in U.S. Ski & Snowboard Cross Country events. A U14 that desires to race with the U16 and older to score points on the NRL

MEMBER BENEFITS

All general benefits listed above, as well as:

- Participating in U.S. Ski & Snowboard events (Some events may require qualification/selection.)
- Inclusion on the U.S. Ski & Snowboard National Ranking List
- U.S. Ski & Snowboard athlete points profile
- Sport Education Video Library

COMPETITOR U16 AND OVER // AGE 14 and over // PRICE \$115

(Required for FIS Registration)

WHO AM I?

An athlete competing in U.S. Ski & Snowboard Cross Country events for national points and/or FIS competitors competing for FIS points (FIS license required)

MEMBER BENEFITS

All general benefits listed above, as well as:

- Inclusion on the U.S. Ski & Snowboard National Ranking List
- U.S. Ski & Snowboard athlete points profile
- FIS points profile and ranking (FIS license required)
- Sport Education Video Library

NON-SCORED ATHLETE // AGE 18 and over // PRICE \$85

(Does not include access to U.S. Ski & Snowboard points lists)

WHO AM I?

Provides access to all levels of U.S. Ski & Snowboard scored and non-scored competitions at the local, divisional, regional and national level. Does not include U.S. Ski & Snowboard points or ranking

MEMBER BENEFITS

All general benefits listed above

ADAPTIVE COMPETITOR // AGE 0-100 // PRICE \$80

WHO AM I?

An adaptive athlete with legs, arms or vision impairments competing in U.S. Ski & Snowboard Cross Country or Adaptive Cross Country events for national points. An IPC license is required for IPC sanctioned events

MEMBER BENEFITS

All benefits listed above, as well as:

- Inclusion on the U.S. Ski & Snowboard National Ranking List
- U.S. Ski & Snowboard athlete points profile

FIS LICENSE REQUIREMENT // AGE Must be born in 2005 or prior **// PRICE \$65**

WHO AM I?

In order to hold a Cross Country FIS license, you must also hold a Cross Country Competitor U16 & Over. Short-Terms are not eligible to hold FIS.

MEMBER BENEFITS

Required for participation in FIS events

SHORT-TERM // AGE 0-17 // PRICE \$15/event*

WHO AM I?

An athlete competing in U.S. Ski & Snowboard Cross Country events. Short-Term memberships are limited to 1 event per season. An event may include up to 5 consecutive days.

MEMBER BENEFITS

Excess accident insurance during U.S. Ski & Snowboard sanctioned event for which access has been purchased (proof of primary health/medical insurance required)

CLUB VOLUNTEER // AGE 18 and over // PRICE \$65

WHO AM I?

An individual participating at the club level who is appointed to a position of authority over, or who has regular contact with athletes. Volunteers may play a coaching role or assist clubs and event organizers in a variety of roles as deemed appropriate by U.S. Ski & Snowboard coaches, clubs or affiliates.

MEMBER BENEFITS

All general (non-competitor) benefits listed above, as well as:

- Volunteering at U.S. Ski & Snowboard/FIS events and/or any club activities

OFFICIAL // AGE 18 and over // PRICE \$80

WHO AM I?

An individual involved in officiating U.S. Ski & Snowboard Cross Country and/or FIS competitions (see guidelines for appropriate levels of official's certifications)

MEMBER BENEFITS

All general (non-competitor) benefits listed above, as well as:

- Access to U.S. Ski & Snowboard officials clinics and educational materials
- U.S. Ski & Snowboard Member Officials Profile (officials certification level(s), event history, continuing education record)
- Officiating at U.S. Ski & Snowboard/FIS events per competition guide
- U.S. Ski & Snowboard Competition Guide

JUNIOR COACH (APPRENTICE) // AGE 15-17 // PRICE \$75

WHO AM I?

An individual coaching athletes at the club level and/or at U.S. Ski & Snowboard Cross Country events (see guidelines for appropriate levels of U.S. Ski & Snowboard coach certifications)

MEMBER BENEFITS

All general (non-competitor) benefits listed above, as well as:

- Access to U.S. Ski & Snowboard coaching clinics and educational materials
- U.S. Ski & Snowboard Member Coach Profile (coach certification level, officials certification level(s), event history, continuing education record)
- Coaching at U.S. Ski & Snowboard/FIS events per competition guide
- U.S. Ski & Snowboard Competition Guide
- Sport Education Video Library
- U.S. Ski & Snowboard Mobile Coaching App

COACH // AGE 18 and over // PRICE \$135

Required for Access to Level 100 Clinics and Materials

WHO AM I?

An individual coaching athletes at the club level and/or at U.S. Ski & Snowboard/FIS Cross Country events (see guidelines for appropriate levels of U.S. Ski & Snowboard coach certifications)

MEMBER BENEFITS

All general (non-competitor) benefits listed above, as well as:

- Access to U.S. Ski & Snowboard coaching clinics and educational materials
- U.S. Ski & Snowboard Member Coach Profile (coach certification level, officials certification level(s), event history, continuing education record)
- Coaching at U.S. Ski & Snowboard/FIS events per competition guide
- U.S. Ski & Snowboard Competition Guide
- Sport Education Video Library
- U.S. Ski & Snowboard Mobile Coaching App