Sprungrichterwertung – Abzugsliste 2007 Judging - Deduction List

	<u>FLIGHT</u>		LANDING		OUTRUN
max. 5.0	Flight Deduction	max. 5.0	Landing Deduction	max. 7.0	Outrun Deduction
0.5 – 2.0	Limited control of using body and skis in forming a (DYNAMIC) flight position	min. 2.0	No attempt in establishing a telemark at the point of landing impact and no telemark position (feet remaining parallel) throughout the entire landing phase (as a single fault)	0.5 – 1.5	Small deficiencies during the outrun phase (minor periods of unsteadiness, both skis not set in flat contact to the skiing surface and/or not parallel, not in upright body position before starting the brake phase)
0.5 – 1.0	Unsteadiness (e.g. unnecessary arm movement, body out of control, bended knees, not fully stretched legs)	0.5 – 1.0	Deficiencies in the correct and harmonious movements in the transition from the flight phase through to the landing phase.	2.0 – 2.5	Larger deficiencies during the outrun phase (greater visual impression of skiing balance, unsteadiness, skis not set in flat contact to the skiing surface or not parallel), including deviation from skiing in the direction of the "fall line" (straight down the hill), not in upright body position
0.5 -1.0	Non-symmetrical and/or un- balanced arm position.	0.5 – 1.5	Lack of establishing at least a minimum telemark position and a bended leg position upon landing impact.	3.0	Large deficiencies during the outrun phase (unsteadiness, risk of a fall either before or at the fall line; touching surface/skis with one hand, and/or body part)
0.5 – 1.0	Non-symmetrical and or un- balanced leg position.	0.5 – 1.5	Deficiencies in encountering the landing pressure with a smooth telemark landing or the enhancement (follow through) a minor telemark position after landing impact into a complete telemark position by the end of the landing procedure (unsteadiness, to stiff or without telemark landing to deep)	4.0 - 5.0	Loosing balance and control (passing through the transition curve with hands, back and/or posterior of the body touching the ski/snow/mats. This will also be applied for passing the fall line in this position)
0.5 - 1.0	Skis not in same plane and /or un-balanced ski movements.	0.5 – 1.0	Unbalance or unsteady arm movements to stabilise overall skiing balance	7.0	Fall before or on the fall line
		0.5 – 1.0	Deficiencies in controlling the skis (skis not parallel with distance between the skis greater than two ski widths) and/or both skis not set in flat contact with the skiing surface (on edge).		