

Cochran's Ski Club Coach Job Description

The Cochran's Ski Club is non-profit ski club based in Richmond, Vermont at the [Cochran's Ski Area](#), which was founded in 1961 by Mickey and Ginny Cochran. The club has about 100 athletes between the ages of 5 and 18 and provides a ski racing training and development program for those ages. Athletes compete in VARA and USSA sanctioned races in the Northern VT Council, throughout VT and New England.

The coaches are responsible for training, race day coaching and all other activities for their given age group (ie, U16, U14 or U12, U10-8). Each coach is to serve as the point person for their age group. Coaches will work under the direction of the Head coach and participate cooperatively with the Head coach and other coaching staff. Our goal is to make skiing an enjoyable life long activity and the emphasis is on skill building and confidence rather than specific race results. It is, however, a ski racing program and the focus is on helping our athletes master the skills and confidence to compete to the best of their ability.

Specific responsibilities:

Training at Cochran's (in coordination with Head Coach):

1. Communicate specifics of training activities (times, event) to parents and racers for the week in advance.
2. Have training course set prior to racers arriving.
3. Be sure kids know where training lane or meeting place is each day.
4. Engage kids in course pick up and putting away gates.

Race day responsibilities (in coordination with Head Coach)

1. Communicate race day meeting times and locations to parents and racers ahead of time.
2. Coordinate parent helpers that are able to help on the hill and in the lodge.
3. Coordinate with other Cochran coaches to perform course inspection with racers in groups.
4. Assist racers with preparation for their race run at the top of the course.
5. Give individualized encouragement to racers over the course of the day.

6. Encourage the Club kids to behave as a team and cheer on team mates during their runs.
7. Submit race day re-cap of your age group to website for all the kids to enjoy.

The above job description is meant to serve as a guideline to assist coaches in carrying out his/her responsibilities and meet the expectations of the program. Issues that arise should be communicated with the Head Coach to remedy the situation for the benefit of all Club members. The Club Board is also ready to provide support when needed.