



Western Region Europe Project
Wittenburg, Germany/ Stubai, Austria
Oct 5th – Oct 24th, 2017

Greetings Program Directors, Coaches, Athletes and Parents!

Outlined is the preliminary announcement for the European Technical Project scheduled for October 2017.

Project focus: We are excited to offer a new look to our October Europe Project. The goal of the project is to create a fun and competitive environment for the athletes, putting the finishing touches on their off-season preparation.

The Project will have three different phases. We will start out in Park City, Utah for conditioning, where we will be testing and training at the C.O.E. The goal will be to see where the athletes fitness levels are before the season, but also bond, build and distribute the full camp plan for each athlete before we hit the ground in Europe. Doing this will allow better connectivity between athletes, coaches and staff when we arrive on snow.

From Park City we will fly to the city of Hamburg in northern Germany. On arrival we will take a short 30 minute bus ride to the indoor ski hall in Wittenburg, Germany. We will ski in the evening on arrival day and start our 4-day Slalom progression on the injected pitch of Wittenburg. We are utilizing the indoor training facility to allow for high volume of turns in a controlled environment. This will help fine-tune some of the athlete's fundamental changes that they have been working on all summer while also challenging there fundamentals on an injected surface.

After four days we will leave Wittenburg and start our drive to the Stubai Glacier in Austria. In Stubai we will switch gears to GS and target a high intensity 4-day GS progression. We will stick to a fundamental progression but push the pace of skiing with timing and inter-team competitions. After that our hope is to end the camp with two days of SL focus on the glacier before flying home from Munich, Germany.

This camp will target 11 days on snow with 14 to 15 ski sessions.

Sincerely,

Western Region Staff

Tentative Schedule:

Oct 5 Travel to Park City
 Oct 6 – 8 Conditioning at the C.O.E.
 Oct 9 Travel to Hamburg, GER
 Oct 10 – 24 Training in Wittenburg, GER and Stubai, AUT
 Oct 24 Depart Munich for USA

Selection:

Current W.E.S.T. Team nominees for the 2017 – 2018 season, and 1 to 3 more RTG athletes per gender based on an NTSM SL/GS ranking. Total project size is 8 women / 8 men. All athletes attending **MUST** be healthy and injury free.

WEST TEAM			WEST TEAM		
	Vesterstein, Kaitlyn	1999		Cashman Jordan	1997
	Smith, Erin	1999		Bocock Scott	2000
	Wilkinson, Alix	2000		Cravens R Minam	1999
	Collins, Maddie	1999		Pretti Winston	1999
	Wattenmaker, G.G.	2001		Miller Max	2001
RTG RANK				Calvin Barrett	2000
1	Townshend, Charlotte	1999		Blackburn John	1998
2	Baldwin, Tess	1999	RTG RANK		
3	Rathfon, Allison	2001	1	Norton, Payton	2000
4	Fitzgerald, Lily	2001	2	McGrath, Scott	1999
5	Hitchcock, Brynne	2001	3	Parazette, Holden	2000
6	Brown, Cheyenne	1999	4	Wright, Spencer	1999
7	Ellis, Morgan	2001	5	Smith, Jack	2001
8	Proffit, Ainsley	2001	6	Snyder, Bennett	2001
9	Cooley, Skylar	1999	7	Terjeson, Hayden	1999
10	Holm, Katie	2001	8	Simmons, Zachary	2000
11	Cassee, Sanne	2001	9	Harrison, J Bridger	2001
12	Knight, Josie	2000	10	Olszanskyj, Gregory	2001
			11	Wingard, Drew	2001
			12	Lefevre, Cassell	2001
			13	Eisenstat, Ben	2001

Please intend for this project by filling out google form.

[CLICK HERE TO INTEND](#). Deadline to intend is **AUGUST 4TH**. After that date we will be confirming athletes and providing actual cost and travel plans. Development requests should be sent to bgunesch@ussa.org by the **AUGUST 4TH**.

Staff:

Will Brandenburg WEST Project Leader
 3 Club TBA

Estimated Cost: \$3000.00

Cost includes lodging, breakfast & dinner (lunch is not included), lifts, staff and ground transportation in Park City and Europe. Cost does not include airfare.