



Creating Coalitions and Alliances





PARTNERS



Coalition for a More Healthy & Unified Community





The “Park City Sport & Wellness Coalition for a Healthy and Unified Community” is a coalition of non-profit entities whose mission is to provide health education, health screens, sport education and wellness education to the members of our community regardless of their age, fitness and skill level or ability to pay.



The coalition’s specific intentions are:

- Promote safe participation
- Promote good sport
- Promote wellness
- Promote fitness
- Promote improving sports performance



Coalition for a More Healthy & Unified Community

<http://pcsportandwellness.org>



HEALTHY HAPPY HUMAN BEING



Presentations

Dave Benzel – Growing Champions for Life

- What Your Child Needs To Succeed
- How Credible Coaches Create Competent Competitors



Finn Gundersen – High Performance Sport/ Philadelphia Union MLS

- Parent As A Coach – Panel of local athletes
- How To Be a Better Coach
- Parents Role in Their Athletes Development – Panel of local athletes



Richard Way – LTAD Canada, Chris Snyder – USOC

- Creating Early Positive Sport Experiences in Our Youth



Melinda Rolstad – Think Head First

- Recovery From Concussion ... It takes a Village



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HEALTHY HAPPY HUMAN BEING



Presentations

Alex Cohen – USOC Senior Sport Psychologist

- The Role of Sport Psychology in Youth Sports for Parents, Coaches and Athletes



Dr. Eric Heiden & Adrienne Musick PT

- ACL Injury and Prevention



Dan Gould PHD Michigan State University Institute for the Study of Youth Sport

- How to Develop Athletes from the Early Years Through High School



Coalition for a More Healthy & Unified Community



HEALTHY HAPPY HUMAN BEING



PARTNERS

Recreation Departments

Local Sport Clubs

Health Department

Local Non Profits

PT Clinics

Local schools



Coalition for a More Healthy & Unified Community



HEALTHY HAPPY HUMAN BEING



Challenges



Marketing – getting butts in the seats



Getting full members to participation



Coalition for a More Healthy & Unified Community



HEALTHY HAPPY HUMAN BEING



YOUTH SPORTS
ALLIANCE

PARK CITY



The mission of the **Youth Sports Alliance** is to support winter sports activities for youth in Summit and Wasatch counties, promoting good sportsmanship and healthy lifestyles through participation, education and competition. The Alliance encourages all athletes to adopt and embrace the following core values:

SPORTSMANSHIP

Abide by the rules of your sport, respect your opponents, and conduct yourself in such a manner that others will admire your attitude, no matter whether you win or lose.

Perseverance

PERSEVERANCE

Sports will challenge you mentally and physically. Learn to give 100% despite difficulties and setbacks. "Never, never, never give up."

OPTIMISM

Sport is a journey. Learn to enjoy the practice and preparation as much as you do the end result. With the right outlook, you can enjoy striving to reach your goals and also continue to be involved in your sport throughout your life.

RESPECT

Always show respect for yourself, your teammates, your coaches, and your opponents. Also admire and honor the history and traditions of your sport.

TEAMWORK

Work together toward a common goal. Put the team ahead of yourself. A single snowflake seems so fragile, but look what they can do when they stick together!

Our youth learn the true meaning of

S|P|O|R|T

BUILDING BLOCKS FOR LIFE

Visit ysapc.org for more information

   Like us on Facebook, Follow us on Twitter, Watch us on YouTube



Alliance Programs

- Get Out & Play
- 9 Competitive Winter Sports Sport Teams
- Scholarships –
 - Stein Eriksen YSA Opportunity Endowment



Get Out & Play!

*Providing elementary students
with opportunities to get out & play
through after-school introductory
programs in alpine skiing, cross-
country skiing, figure skating,
freestyle and free ride skiing, hockey,
Nordic jumping, snowboarding
and speed skating*



ysapc.org

Alliance Teams

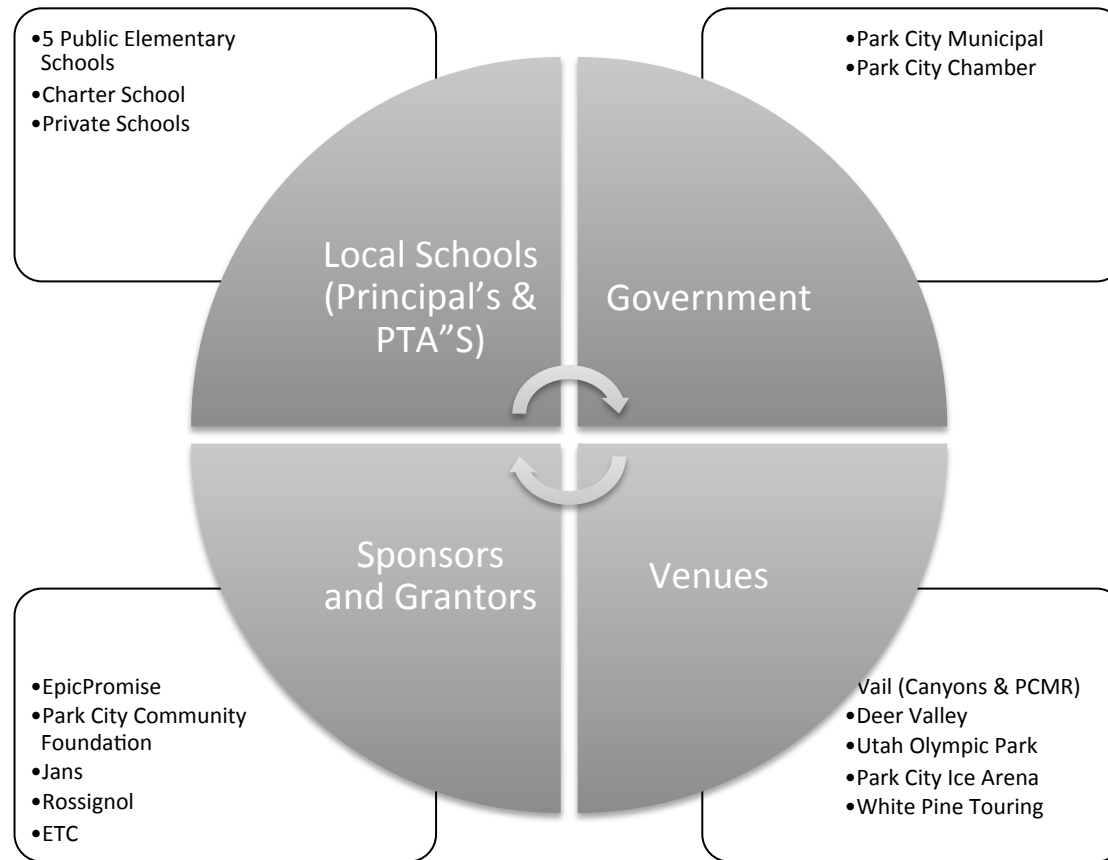




STEIN ERIKSEN YSA OPPORTUNITY ENDOWMENT



Community Partnerships





2014 Winter Olympians & Paralympians with Park City ties

(Competed for the USA unless otherwise noted)

ysaparkcity.org

Park City

Sochi

ALPINE SKIING

- ➔ Erik Bayindirli (Turkey)
- David Chodounsky (Australia)
- ➔ Erik Fisher
- ➔ Tim Jitloff
- Nolan Kasper
- ➔ Ted Ligety
- ➔ Julia Mancuso
- ➔ Megan McJames
- ➔ Steven Nyman
- ➔ Resi Stiegler
- ➔ Danelle Umstead
- ➔ Arly Velasquez (Mexico)
- ➔ Stephani Victor
- ➔ Andrew Weibrecht

FREESKIING

- ➔ Joss Christensen
- ➔ Julia Krass
- ➔ Devin Logan
- ➔ Julia Marino (Paraguay)
- ➔ Brita Sigourney
- ➔ TEAM AXIS Maggie Voisin

FREESTYLE

- ➔ TEAM Mac Bohannon
- ➔ Fly Freestyle Emily Cook
- ➔ Heather McPhie
- ➔ Brad Wilson

SNOWBOARD

- ➔ Cristina Albert
- ➔ Tyler Burdick
- ➔ Denis Colle (Belgium)
- Alex Deibold
- ➔ Megan Harmon
- ➔ Igor Ivanov (Russia)
- Lindsey Jacobellis
- Sage Kotsenburg
- ➔ Dan Monzo
- ➔ PC/SB Seamus O'Connor (Ireland)
- ➔ Ivan Osharov (Ukraine)
- ➔ Aitor Puertas (Spain)
- ➔ Nicole Roundy
- ➔ Ben Tudhope (Australia)
- ➔ TEAM Ty Walker

SKI JUMPING

- Nick Alexander
- Nick Fairall
- Peter Frenette
- ➔ Sarah Hendrickson
- Jessica Jerome
- ➔ Anders Johnson
- ➔ Lindsey Van

NORDIC COMBINED

- Billy Demong
- ➔ Bryan Fletcher
- Taylor Fletcher

CROSS COUNTRY

- Noah Hoffman
- Liz Stephen

BOBSLED

- ➔ Chris Fogg
- ➔ Steve Holcomb

LUGE

- ➔ Preston Griffal
- ➔ Kate Hansen

SKELETON

- ➔ Noelle Pikus-Pace

SPEED SKATING

- ➔ Brittany Bowe
- ➔ Jordan Malone
- ➔ Heather Richardson
- ➔ Jessica Smith
- ➔ Sugar Todd
- ➔ Mitch Whitmore

SLED HOCKEY

- ➔ Greg Shaw

**64 Athletes • 49 Olympians • 15 Paralympians
12 Medals • 18 YSA Team Members or Alumni
3 YSA Team Coaches • 5 Homegrown Medalists**

TEAM/SCHOOL KEY

- ➔ AXIS Axis Freeskiing
- ➔ Fly Freestyle Fly Freestyle, a Utah Olympic Park Club
- ➔ Team Utah Snowboarding
- ➔ National Ability Center
- ➔ Park City Freestyle
- ➔ Park City Nordic Ski Club, a Utah Olympic Park Club
- ➔ Park City Ski Team
- ➔ PC/SB Park City Snowboard Team
- ➔ Park City Speedskating Club
- ➔ Rowmark Ski Academy
- ➔ TEAM USSA TEAM Academy
- ➔ Wasatch Freestyle
- ➔ Wasatch Luge
- ➔ The Winter Sports School in Park City

PC Athletes in SOCHI



Youth Sports Alliance Legacy

#groomingdreams



Grooming Dreams, Building Futures



WWW.YSAPARKCITY.ORG