







USSA Podium Club Certification Elements

Attached you will find the required elements for USSA Podium Club Certification (Bronze, Silver and Gold). There are 136 statements that are embedded in the on-line certification process that all Bronze, Silver and Gold candidate clubs must be able to confirm as "True". The subsequent interview (Bronze), and club visit (Silver and Gold) will further verify and assess these particular elements.

These 136 "Best Practices" are the primary contributors to organizational and athletic performance and long-term success. Whether your club is seeking certification at the podium level or not, this list of best practices provides a roadmap for organizational improvement.

The elements are broken into the following sections, which are further explained in the corresponding chapters of the Guide to Club Excellence:

2. Leadership and Governance	(11)
3. Finance and Funding	(17)
4. Fostering Club Culture	(19)
5. PR, Communications and Marketing	(13)
6. Human Resources	(15)
7. Child/Athlete Protection	(9)
8. USSA Club Programming	(35)
9. USSA Club Logistics	(17)

Note: Chapter 1 "Business Entity" covers your legal business structures and Chapter 10 "Assessing Outcomes and Measuring Results" provides further guidance on organizational and program assessment/evaluation.

For assistance please contact Brian Krill, USSA Club Development Manager, at bkrill@ussa.org.

Board Committees	2. Leadership and Governance Assessment
_	structure (or equivalent strategy) to divide up committee has good leadership and reports to
⊙True ⊙False	
Board Evaluation	
Our board regularly evaluates or and accountability.	ganizational performance, board performance
⊙True ⊙False	
Board leadership	
We have an active and engaged responsibilities, and a high level	board of directors with clear roles and of accountability.
⊙True ⊙False	
Board Member Evaluation	
	regularly evaluates their own performance.
○True ○False	
Bylaws	
	aws which our board and organization follow.
○True ○False	

Character Development
Our Club values both character development and athletic performance. OTrue OFalse
Executive Leadership Assessment The board regularly evaluates the executive leadership (executive director/director/head coach, etc.), and the executive leadership evaluates all other staff. OTrue OFalse
Executive Self - Evaluation The executive leader of the organization (executive director, director, head coach, etc.) submits an annual self-evaluation to the board of directors. OTrue OFalse
Mission Statement We have an official Mission Statement. OTrue OFalse
Officers We have active and accountable board officers fulfilling the duties of board president/chair, board treasurer, and board secretary.

⊙True ⊙False

SWOT

We have performed a SWOT analysis or other like excercise in the last two years with both board members and key staff.

True

False

3. Finance and Funding Assessment

Annual Budget

Our board of directors drafts an annual budget with the staff leadership and this is fomally approved by the full board.

True

False

Annual Report

We draft an annual financial report (even a simple one) for our organization, parents and other constituents.

True

False

Board Involvement

Our board of directors actively gives or gets resources for the organization, and provides leadership in all areas of resource development.

True

False

Budget Priorities

Our budgets and financial plans are a direct reflection of our mission, values and goals.

True

False

Budget Structure

Our budget is structured such that the following are easy to identify and track:

1. Earned revenues vs. development revenues

2. Operating vs. capital expenses
3. "In-kind" resources
4. Program expenses vs. general operating expenses
5. Cash flow budgeting
○True ○False
Case Statement
We have drafted at least a basic "case statement" for our club.
○True ○False
Community Foundation
We have made contact with our local community foundation(s) and are at least on their radar.
○True ○False
Donations
Our club has clear policies and procedures for accepting and processing charitable gifts, sponsorships, in-kind donations, and other support including appropriate recognition of the donor/sponsor.
○True ○False

Financial Aid and Scholarships

Our budgets and resource development plans account for appropriate finacial aid or scholarship funds.

True

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Financial Policies

Major financial policies are current in our bylaws and we are aware of the Sarbanes-Oxley guidelines as they relate to financial accounting practices.

True

False

Financial Principles and Practices

We are aware of and adhere to the best principles and practices of financial reporting.

True

False

Fundraising Principles and Practices

Our club is aware of and adheres to the best principles and practices of ethical fundraising.

True

False

In-kind support

Our club quantifies and tracks in-kind gifts, donations and support (including board/volunteer hours, and support from your host resort).

True

False

Regular Financial Reports

Our board of directors and club leadership understand and review a "profit and loss" report, a "YTD budget to actual" report, and a "balance sheet" report, and

review them no less than quarterly.
○True ○False
Resource Development Plan
Our club has clear goals represented in our "resource development" plan (or fundraising plan).
○True ○False
Resource Management
We have an overall resource management plan that includes human (staff, volunteers, etc.), physical (facilities and equipment), and financial resources.
○True ○False
Roles and Responsibilities
Our club has clearly defined roles and responsibilities regarding financial accounting and financial performance.
○True ○False

4. Fostering Culture Assessment

Athlete Career

We emphasize the importance of student-athlete academic responsibilities. They are frequently discussed, monitored and consistently supported by the entire club community.

True

False

Athlete Recruiting

We enforce high ethical standards with regards to our athlete recruiting practices, and we respect athlete and parent decisions with regards to what program is best for them.

True

False

Awards and Recognition

Our club awards and recognizes individuals, behaviors and performance that best represent *all* aspects of our desired culture with parents, athletes, volunteers and coaches.

True

False

Character Development and Athletic Performance

We regularly discuss the important balance between character development and athletic performance with our parents, athletes, coaches and the community.

OTrue

False

Club Culture - USSA Culture

Our club actively strives to promote and encourage a "shared culture" with

USSA.
○True○False
Coaching at all Levels As a club, we strive to provide optimal and knowlegable coaching at all levels.
OTrue OFalse
Code of Conduct
We have an athlete code of conduct which we take seriously and enforce consistently.
○True ○False
Community Code
We are proactive with members of the community who encourage or allow breaches in the code of conduct. We expect athletes, parents and the club community to not only abide by and respect our codes of conduct for themselves, but also not tolerate the actions of others who may not support the codes.
○True ○False
Due Process
We have a clearly stated and documented process for code of conduct violations and conflict resolution.
○True○False

Long Term Athlete Development

We consistently emphasize the importance of long term athlete development with our parents, athletes, coaches and community.
○True ○False
Measuring Club Performance
As a club, we are fostering a culture that measures club and athletic performance against consistent standards.
○True ○False
Mission, Values and Goals
We regularly use, discuss and display our mission, values and goals with parents, athletes, coaches, staff and the community.
○True ○False
Non-discrimination
Our club strongly supports a non-discriminatory environment, has a formal non-discrimination policy which it enforces consistently, and discusses this both formally and informally with its parents, athletes, coaches, board and community.
OTrue

Parent Education

False

We educate parents about their appropriate roles and responsibilities - both formally and informally. We facilitate parent-to-parent education.

True

© False	Moodle Quiz XHTML Export
Parent Orion We always ho OTrue OFalse	entation ost a parent orientation meeting in the fall or early winter.
	es and Rights e parent invovlement, and recognize parents' rights.
Self - refer Our codes of OTrue OFalse	ral conduct and disciplinary processes allow for a self-referral.
USSA Reso	Ources SA resources to help us reinforce our own club culture as well as

the culture of the USSA.

True

False

Winning vs. Success

We regularly discuss our philosophies on "winning" vs. "success" (both formally and informally) with our parents, athletes and coaches. We are fostering these philosophies as consistently as possible.

True

False

5. PR and Communications Assessment

Communicating Logistics
We post or distribute training schedules, competition schedules, information on upcoming events, and other up-to-date and easy to access information.
○True ○False
Communication Outlets
All available communications outlets are properly utilized.
○True ○False
Communications Personelle
We have dedicated personelle or a volunteer who monitors and implements our communications plan.
○True ○False
Communications Plan
We have a coordinated plan that guides all our PR, marketing and communication efforts.
○True ○False
Community Outreach
Our communications plan includes stratgies for community outreach.
○True ○False

Local Market
We advertise throughout our local and regional market - especially through an established relationship with all local schools.
○True ○False
Mission, Vision, Values, Goals
The mission, vision, values and goals of the organization are communicated consistently in all of our communications and marketing.
○True ○False
Newsletter
We utilize some type of newsletter to communicate updates and club activities to all constituents.
○True ○False
Non-discrimination
Our communications reflect our non-discrimination policy and are intended to reach all potential constituents. Further, we are always looking to include new demographics represented in our communities.
○True

Other Resources

False

We capitalize on the use of appropriate USSA marketing campaigns and resources, as well as other opportunities such as: "USSA's National Club Day", "NSAA's Learn to Ski and Snowboard Month", FIS's "World Snow Day" and "Bring Children to the Snow" projects, and other opportunies at your local resort.

6. Human Resources Assessment

Club Staff

We have a staff that posesses the following qualities:

Enthusiastic

Team players

Available to parents

Well-trained

Safety-conscious

Integrity

Committed to goals

A positive influence and role model for children

Reliable

Motivated

Good communicators

Professional.

True

False

Compensation and Benefits

Our club offers appropriate compensation and benefits.

True

False

Leadership USSA Certification

We comply with all USSA rules and procedures and our coaching leadership has adequate levels of USSA certification. Nordic should be 100 level or higher, freestyle should be 200 level or higher, alpine or snowbaord should be 300 level or higher.

True

False

Position Descriptions

We use written position descriptions for all staff positions.

○True ○False
Professional Development Resources We specifically allocate resources to staff and professinal development activities. OTrue OFalse
Staff and Organizational Structure Our staff and organizational structure is well-defined and well-communicated to all staff. OTrue OFalse
Staff and Professional Development We have specific guidelines with regards to staff or professional development requirements and/or opportunities. OTrue OFalse
Staff Handbook We use a staff handbook which contains information about the organization's history, mission and culture, compensation guidelines, professional development, performance reviews, benefits, and other major staff and organizational policies. OTrue OFalse

Staff Incentives

Our club offers some incentives for coaches and staff recieving higher levels of

certification or advanced degrees applicable to their position.
○True ○False
Termination We have clear guidelines regarding the grounds for termination, and the process associated with termination. We always have good documentation regarding performance when a termination is necessary. OTrue OFalse
Train and Evaluate
We train and evaluate staff regularly.
○True ○False
USSA Membership
Our club encourages and complies with USSA membership for all coaches and officials - which include requirements for background checks.
○True ○False
USSA Programs
Our club leadership is invovled in USSA Sport Education programs. (Clinics, Conferences, Teaching Clinics, etc.)
○True ○False

USSA Resources

Our club utilizes USSA education programs, and we encourage our families, athletes, coaches and members to do the same.	
○True ○False	
Volunteers	
We recruit for and train volunteers regularly. And we give volunteers clear work descriptions.	
○True ○False	

7. Child Protection Assessment

Abuse

Our club is aware of and vigilant in dealing with any form of abuse: physical, emotional, neglect, sexual or bullying.

True

False

Background Checks

Our club supports required background checks for USSA coaches and officials, and we ensure that these individuals have current USSA membership. We also ensure that all individuals (ie. volunteers) are screened in some way or background checked by our club.

True

False

Concussion Policy

Our club is aware of and has adopted USSA's concussion policy.

True

False

First Aid/CPR

First Aid and CPR training and certification is current for all appropriate staff. We provide for or arrange relatively easy ways for our staff to renew these certifications.

True

False

SafeSport Guidelines

Our club, its leadership, coaches, parents and athletes are aware of the USSA SafeSport guidelines.

○True○False
Supplements Our club is aware of and monitors the use of supplements used by its athletes. We have clearly defined guidelines for their acceptable use. OTrue OFalse
Training and Competition We only allow trained and certified professionals manage our training and competitive arenas. OTrue OFalse
Travel We have safety protocols and guidelines for all club travel - which include minimizing risks with regards to travel, supervision and abuse. OTrue OFalse
Use SafeSport Our club uses the SafeSport guidelines as an educational tool for its leadership, athletes, parents and coaches. OTrue OFalse

8. Programming Assessment
Anti-doping
We have a clear anti-doping policy.
○True ○False
Athlete Management
Our coaches develop a season-long athlete management plan for each athlete.
○True ○False
Club Equipment
We look for opportunities to help our athletes test and acquire different products.
○True ○False
Coach Contact
Our coaches get involved with appropriate local, regional and national camps, competitions and projects.
○True ○False
Coach Talk
Our coaches have adopted and discuss a common teaching language and terminology.
○True ○False

Moodle Quiz XHTML Export Coaching at all Levels
We provide educated and professional coaching at all levels. OTrue OFalse
Communication We have clearly established athlete-to-coach communication strategies and necessary equipment during competitions. OTrue OFalse
Comp Coaching We provide coaching (or help coordinate and arrange with regional, national or international partners) at every level of competition that any of our athletes reach. OTrue OFalse
Competition Day Our program teaches and implements competition day plans that include behaviors, techniques and strategies. OTrue OFalse

Core Values

Our coaches communicate our core values and a philosophy of winning that are consistent with our club's values and philosophies.

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False

Cross Training Our club curricula incorporate cross training and general motor skill development. OTrue OFalse
Curriculum Our club programs follow written curricula that are in line with USSA Training Systems, the athlete development pipeline and an assessment of benchmark skills. OTrue OFalse
Equipment Our club curriculum includes guidance and oversight with equipment selection, preparation and maintenance. OTrue OFalse
Equipment Compliance We educate our athletes and families about, and verify the use of, USSA, FIS and other governing bodies' equipment guidelines and regulations. OTrue OFalse

Events

We provide coaching at all competitive events attended by the team/club.

True

False

Exp	e	rt
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Our club has a dedicated strength and conditioning staff to plan and deliver the condidioning program - or - our club utilizes outside professional resources to do the same.

True

False

Focus

Our curriculum develops athlete concentration and focus skills.

True

False

Individual Goals

Our club curriculum teaches athletes how to set and monitor individual goals, and supports the achievement of these goals.

True

False

Inspection

We develop course/venue inspection skills in training and at competitions.

True

False

Physical Conditioning

Our club curriculum includes an emphasis on and implementation of physical conditioning.

True

○ False
Physicals We require annual physical exams for all our athletes. OTrue OFalse
Pipeline We use (and explain and present to athletes and parents) a clear athlete pipeline that coincides with the principles of long term athlete development and the USSA's Training Systems. OTrue OFalse
Psychology 1 Our program focusses on fun and rewarding skill acquisition. OTrue OFalse
Psychology 2 Our program emphasizes sportsmanship and fair play. OTrue OFalse
Recovery Our club curriculum maps out appropriate rest and recovery sessions or

activities.

⊘True

○ False
Relaxation Our curriculum teaches and uses relaxation and/or arousal techniques. OTrue OFalse
Return We have clear "return from injury" policies and procedures. OTrue OFalse
SkillsQuest We implement SkillsQuest and use USSA accredited evaluators. OTrue OFalse
Talent Our club is open and honest in discussing relative talent and the balance of talent, skill acquisition and effort. OTrue OFalse
Technical and Tactical

Our curriculum incorporates appropriate technical and tactical skill acquisition that is age-appropriate and sport and/or discipline specific.

True

False

Terrain
Our club works to maximize the use of our available terrain preparing athletes for various, and less than ideal conditions.
○True ○False
Testing
Our club conducts periodic strength and conditioning testing.
○True ○False
USSA Training Systems
Our club uses the USSA Training Systems model.
○True ○False
Visualization
Our curriculum introduces and uses visualization and imagery techniques.
○True ○False
Year-round
Our club provides some year-round training/physical conditioning - or maintains contact with athletes and families year-round regarding the same.
○True ○False

9. Logistics Assessment

Advocacy

Our club, its leadership, coaches, athletes, parents and families are advocates and ambassadors for our local or host resort.

True

False

Club as a Resource

We offer and present our club as a resource to the resort.

True

False

Competitions

We have an adequate and trained volunteer base for the events we host or help host.

True

False

Course Control

We implement course/venue control systems and communications systems during all training and competitions.

True

False

Critical Communication

We have a communication plan in place to inform parents, the club community, and key leadership about critical incidents (major happenings that everyone is likely to hear about anyway, ie. injuries, discipline, etc.), such that we as a club can help "control the flow" of information.

○True ○False
EAP Our club has an emergency action plan for all of our training and competition venues. OTrue OFalse
Equipment Our equipment complies with USSA and/or FIS regulations. OTrue OFalse
Inspection Course inspection is mandatory in our club. OTrue OFalse
Maintain Venues and Courses We maintain our courses and venues up to industry standards and USSA guidelines. OTrue OFalse

Peer to Peer Communications

Our club board of directors has made direct contact with, and maintains contact with, resort ownership about our on-going strategic alliance.

USSA Event Organizer Handbook

Our club uses the USSA Event Organizer Handbook as a resource for mapping out roles and responsibilites for competitions. OTrue OFalse
Venue Safety Our club has a venue safety plan. OTrue OFalse
Written Agreements We strive to have all agreements with the resort and other strategic allies in writing and formally reviewed on an annual basis. OTrue OFalse